

Kelly McGrath, Esq.

Kelly McGrath, Esq., is the owner of Kelly McGrath Law, PLLC, a non-litigation law firm focusing on business and family law mediations, restorative justice cases, and collaborative divorce. Kelly founded the Florida Restorative Justice Association in 2013, a statewide advocacy group supporting the use of restorative justice in Florida. Kelly has a professional certificate in trauma and resilience and considers herself a trauma-responsive lawyer.

A large part of her practice includes consulting and training on strategic communication skills, conflict resolution, and grief, loss, and burnout in lawyers. Kelly is a frequent speaker at the Quinnipiac University College of Law presenting on the use of Nonviolent Communication in her practice.

Kelly is also the owner of Life After All™, a 4-month program supporting pre- and post-divorce women built around a faculty of professionals who provide one-on-one guidance for women so they can heal and rebuild; becoming the person they need to be for the next phase of their lives. The nationwide program includes a grief and loss counselor, personal trainer, estate planning attorney, and financial advisor.